

# Youth

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**Христос Раждається**

Youth . . . The Golden Age of Opportunity



## ЮНАЦТВО

Орган

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## YOUTH

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## YOUTH

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### To All of our Readers

The YOUTH extends its best wishes for a  
very Merry Christmas and a Happy New  
Year.

May the Blessings of the Christ-Child  
be with you now and through the year.

### DANCE to the music of "Ted & His Starlighters"

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# Youth

Edmonton, Alta.

THE NATIONAL MONTHLY FOR UKRAINIAN CATHOLIC YOUTH

## A Christmas Thought

The Christmas season is often referred to as one of the most joyous occasions of the year, and rightly so. It marks the fulfilment of a promise made to man by God, the coming of the Messiah who was to make possible the salvation of all men. It is a time when we celebrate the birthday of Christ who came to earth to redeem all of mankind. Consequently, it is only just that we rejoice on this day and give thanks to God for His kindness and generosity to us. Let us lift up our hearts in prayer and our voices in song to express our humble gratitude, and to show that we have not forgotten the true meaning of Christmas. Let us do our part in carrying the message of Christmas to all people, especially to those who may have fallen along the way.

In this age of materialism it is very easy for us, if we lack faith and fortitude, to be snared into the false ideas about the Christmas season which are being propagated all around us. During this month we are being bombarded, through all the modern means of advertising and communication, to keep the idea of gift-giving uppermost in our minds. It is customary to exchange small gifts with our loved ones at this time but we should never let it get to that stage where gift-giving is the high-light and most important time of the season. What about our gift to Christ and to our Church? Let's think about that, too.

Christmas was never meant as a time for us to make gluttons of ourselves by indulging in excessive eating and drinking. Getting soused with alcoholic spirits is not the way in which Christ expects us to conduct ourselves at this time. It is true that food is found in our homes in more plentiful amounts on this occasion but let us not forget our obligation to those who may not be as fortunate as we are. Let us practice the virtue of charity in this season to make things happier for the needy.

Some years ago a large city newspaper published an illustration depicting the Christ-Child looking down sadly upon an array of Christmas cards depicting ships, poodles, cartoons, and the like. The caption underneath the picture read, "I wonder whose birthday they are celebrating?" Let us not succumb to such a disastrous state that we mail cards which have no bearing with the feast-day of the Christ-Child whose birthday we are celebrating. Let us stand firm against the temptations of misled society and send only religious Christmas cards to everyone in our list. Some Catholics adopt the practice of sending cards of a materialistic nature to non-Catholics or to unbelievers because they

don't want to hurt their feelings. What spineless individuals they must be in going against what is expected of them just to cater to the whim of certain people. It's about time the conscience of these people was stirred to make them realize what they should be celebrating. What better way is there to help propagate the true meaning and spirit of Christmas than by sending religious cards to everyone on our list.

Let us keep the true meaning of Christmas ever before us as we celebrate the feast-day of the Christ-Child. Let us keep its meaning before us not only during the traditional twelve-course Christmas Eve supper, or during mid-night Mass, or on Christmas day itself, but let us be ever mindful of it through every day of our life.

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## Vocation Notes

by Fr. M. Daciuk, O.S.B.M.

Nearly 2000 years ago a change began to come over the world because a great Teacher had arrived. Angels sang their most joyful song to welcome the God-Man Who was to change the face of the world with His doctrine of Love. Neglected and forgotten workers were filled with a new hope, wise men recognized Him who was greater than they, great rulers trembled because they saw that the rights of man would be again restored by One Who arose from a lowly manger. Because Christ the great Teacher was born, new hope came to humanity. The world and its people could finally look forward to the peace and happiness for which their hearts craved.

Look at the world today. Does it appear that the greatest of all teachings has failed? Take any daily paper and scan the headlines. World-wide disagreement, murder, suicide, robbery, divorce, forgery, rioting, class-hatred, breaking of homes, neglect of children, assault, abuse of labor — these make headlines every day. Tragic, isn't it? Does it occur to you that everyone

of these headlines is a screaming advertisement for TEACHERS?

Your city, or town, this country, the whole world needs teachers, good teachers. They need men and women who can show children the difference between good and bad, who can train them to avoid wickedness and to lead a life that is good, who can make them worthwhile citizens. Above all, priests, brothers, and sisters must be found in large numbers to form our people into future citizens of heaven.

We are glad and proud of the fact that in most of our cities in Canada nowadays we have Catholic schools for our Catholic children. But these are quite overcrowded and very short of teachers. And what about those thousands of children in the town and village schools? Don't they have a right to a Catholic education? And what about all those that strayed away from the true faith in God — the non-Catholics? Should they be neglected in the true teachings of Christ? Indeed, there is room for thousands of priests, brothers, and sisters to teach in our large

cities, in country places, and to take charge over the infidels. And, there is a whole world waiting with open arms for them to come and teach in the many mission lands.

In His life-time Our Lord told His apostles, "Go forth and teach all nations." Surely that command was meant for some of you. In the dreams of some of you, you may have pictured yourselves standing in a classroom before a group of well-dressed modern youths teaching them to pray and obey God's laws, or you may have imagined yourselves far away from home, living a life of adventure among poor and simple mission people, telling them the story of Jesus, the great Teacher, Who sent you to them. A wonderful dream . . . And it could be realized by you some day. It only requires a little sacrifice and a dedication on your part to this great cause for the love of God and humanity.

The very word — sacrifice, — is not it repulsive in itself already. Certainly. But all great things are accomplished only through sacrifice. If it wasn't for the readiness of Jesus to sacrifice His whole life for our salvation, where would we be today? Only He never looked at how much sacrifice He had to undertake in His great Redemption — His main desire and goal was to open for us the road to happiness and salvation. That was His heavenly Christmas Gift to all of us. Then should we not be as generous towards Him in doing everything that is in our possibility only to provide Him with these TEACHERS that are needed so very badly in these days so as to help the people in finding the true road that leads to God and eternal happiness.

And how about YOU signing up into this wonderful army of God's Teachers? Wouldn't this be your most generous and loving Christmas Gift to our first and greatest Teacher, Jesus Himself? Then why not have a heart-to-heart chat with Him when during midnight Mass you will kneel down to adore Him lying in the manger. Ask Him what He has in store for your future and most certainly the Holy Infant will inspire your heart with directives that will bring happiness to you and greater glory to God.

And please do not forget your daily three Hail Marys for more vocations.

### SKY PILOTS

During the last war our soldiers began calling their chaplains SKY-PILOTS. Does it fit? It certainly does. Priests are aviators who pilot souls to the Kingdom of Heaven. It's a lot more important for a soul to reach its heavenly destination than for a bomber to drop a block buster on a factory or railroad.

"Listen, boys. The air force of our Lord needs pilots. It needs stout-hearted men who will bomb the day-lights out of the devil and machine-gun the troops of our worst enemy, Satan. God's airforce needs courageous he-men to carry our soldiers high over enemy lines, to heaven.

SKYPILOTS are high ranking officers who wear a special uniform, a special insignia. It is imprinted upon their soul at ordination.

What about the pay? It's tops: a hundredfold in this life and a place of very special honor and happiness in heaven.

Believe me, it's a thrill to pilot



souls for Christ; there is no other career quite like it on earth. We want to do something with our lives, don't we? It'll take the best that's in you. Give the best to God. Become a SKYPILOT.

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## Our Anniversary

This issue of the YOUTH is a rather momentous one in the annals of its publication as it marks a special anniversary, a whole two-year period of continuous printing.

Although this is the thirteenth year since the YOUTH first appeared, its history of publication has been one of a series of upsets and absences. For the first few years of its existence the YOUTH appeared regularly but financial difficulties intervened at about the half-way mark in its history and the going became very rugged. During one year only three copies were printed and the future was uncertain.

Two years ago His Excellency Bishop Neil Savaryn asked your present editor if he would consider the task of looking after the editing of the YOUTH magazine. Your editor agreed and, as all of you faithful readers know, the YOUTH has been appearing regularly month after month. This is the twenty-third consecutive issue. This achievement has been made possible through the continuous patronage of Bishop Neil Savaryn without whose help the YOUTH could not have been published.

At this time let's take a brief look at the status of the YOUTH from its re-appearance two years ago. During 1956 the amount of money coming from subscriptions and Press Fund Donations was far from adequate and was only a small fraction of the cost needed to continue publishing this magazine. The common excuse given by many persons in not subscribing to the YOUTH was that they couldn't rely on its continuation and that they had subscribed several times before without receiving full value for what they had paid. To atone for this we carried about 300 delinquent subscribers during that year in an effort to regain their confidence. Only a small number of these persons renewed their subscriptions and we were forced to stop sending further copies of the YOUTH to them. Despite such discouraging results in 1956, His Excellency Bishop Neil Savaryn again offered to help the YOUTH.

During 1957 the status of the YOUTH was considerably improved and although we are not breaking even, the amount of debt we have incurred this year is not as great as during the previous one-year period. The increase in the number of subscribers has been very slight but the generous donations to our Press Fund by certain U.C.Y. locals in Canada as well as by a few truly considerate and up-standing individuals has been truly gratifying. May God bless them for their help and interest in trying to put their official organ, the YOUTH, on a firmer financial footing.

If the present trend will continue, the future looks very bright for the YOUTH. His Excellency Bishop Neil Savaryn is again willing to continue his patronage of our publication as he realizes the importance which a magazine like the YOUTH has for all of our Ukrainian Catholic youth in Canada. The price which the Ukrainian News is charging us for publication is far below the cost which we would have to pay elsewhere. If at least one of two things happens during 1958, we will really have accomplished something. If we double the number of subscribers, or if we get double the amount of the 1957 Press Fund, we can actually look forward to breaking even during 1958. With your continued support we hope that this will be done.

However, we are more optimistic about 1958 than just breaking even. We hope that our financial status will be improved to such an extent that during the coming year we will be able to implement some of the changes which we've been trying to do for a long time. First we'd like to improve the quality of the paper being used in our present publication. Then, we have hopes of being able to increase the number of pages in each issue so we can bring you more features and articles of interest. Actually, the number of things we could do if we had more support are limitless. Won't you try to help us?

On this, our anniversary, we appeal to all of you faithful subscribers to become truly YOUTH conscious during the following year. Make every effort to renew your own subscription in time and urge all of your fellow U.C.Y. members to do likewise. Bring up the YOUTH magazine for discussion at some of your meetings and embark upon a plan whereby your club will sponsor at least one affair for your publication. In addition to financial support, try to look upon the YOUTH as your personal possession and obligation. Write to us often and let us have your views on matters pertaining to our magazine and to our own U.C.Y. organization. Just think what a treasured souvenir you will have by writing an article or story for the YOUTH and having your name printed in connection with it. Let us hear often about the activities of your U.C.Y. local. Have group pictures taken of your club and send them in to us for publication. Take a picture of your executive and have that sent in too. During 1958 we hope to publish a picture of every U.C.Y. club in Canada. If there is anything in your community which you would like to have featured on the cover of YOUTH start working on it immediately. Perhaps there is some member of your club whom you would like to have featured in our "Personality of the Month" department. Let's hear about that too.

If we have your help, the write-up we'll have here on our third anniversary of continuous publication will be a much more cheerful one, and the future will look even brighter than it does now. The years of one's youth are often the most dynamic ones in his life. Let's divert more of that drive and enthusiasm towards making the YOUTH a magazine of which we can all be truly proud.

## Бо не було місця

Була темна й зимна ніч. Все довкола спокійно спочивало. Спав спокійним сном і Юдейський Вифлеєм. Тільки дві постаті блукали по його тихих вулицях. Вони бідні забірники і тому не було для них місця в гостинниці. Ніч була зимна, але не аж так дуже, як людські серця.

Ці дві постаті — це Марія, Мати Месії і св. Йосиф, її обручник. Не знайшовши місця, Вони ідуть до стаєнки. Там шукають захисту перед холодними вітрами і там приходять на світ та маленька Дитина, що мала стати щастям для людей всіх часів. Цар над царями і Пан над панами, має таку убогу Матір, що повиває Його бідненькими пеленками і складає в яслах і то де — у чужій стаєнці. І спав тихим сном Вифлеєм. Вигідно спочивали римські жовніри і багаті гості по гостинницях і по домах — нікому навіть не снилося, що тут так близько них в убогій стайні є Христос-Месія, що в тій хвилині починається нова ера, нова релігія, що за неї згинуть мільйони мучеників, що обніме цілий світ, релігія — що буде опиратися на любови.

Тоді, коли Марія і Йосиф тішилися приходом Месії, далеко на полях бідні пастушки стерегли свої стада. І ось до них прийшов з неба ангел і звів їх ту велику новину, що вже прийшов Спаситель світа, що на Нього так довго всі ждали. Ожидав Його нарід, як освободителя з римської неволі, сподіваючись, що тоді вони, жида, будуть володіти по цілому світі. Ждали його багаті й горді священики та книжники, бо сподівалися зайняти високі місця в Його царстві. Але Боже провидіння зарядило

покірним дає ласку й тому до ясел інакше. Бог гордим противиться, а свого Єдиного Сина, наче до Трону, кличе убогих, покірних пастухів.

Слава на висотах Богу, це спасення людських душ, що його приніс Христос, Цар неба і землі. Мир, спокій людям доброї волі і чистого серця, це той небесний дар, що його приніс на землю Божий Син. Сьогодні світ переживає тяжкі часи. У кого шукати тієї потіхи, підмоги, того спокою для душі й тіла? — У новонародженого Христа. Там є правдивий мир, спокій, котрого світ ніколи не дав і не може дати. Пам'ятка Христового Різдва, це пам'ятка нашого відродження, бо Христос на те прийшов, щоб оновити рід людський. Без ясел не було б хреста ні воскресення, а без воскресення не було б і нашої віри, відродження.





# Pre-Christmas Celebrations

Christmas is a day of joy because it commemorates the first appearance of God on earth as man and foreshadows His second great appearance as King and Judge of the world. Christ's beauty and joy of her liturgy, and follows it with a series of feasts which, altogether, bid the faithful rejoice in a spirit of gratitude for the Incarnation and of expectation of their being united with Christ in the glory of His second coming. By way of preparation the church has established the season of Advent, not as a time of rejoicing, but as a time of self-denial brightened by hope, so that the faithful may think of, and prepare for, Christ's coming.

This whole time of Advent and the Christmas Season should be one of great importance to the Christian. A time for him to become more deeply impressed, his consequent dignity as a Christian, and the thought of his personal union with Christ in His second coming. His whole celebration of Christmas must be governed by such considerations, otherwise it is not a Christian celebration, but only some materialistic substitute or sentimental shadow of it.

Certain celebrations which take place in Advent, such as the so-called Christmas office parties, are a distortion of the Christmas spirit. To celebrate in that time of preparation because Christmas is coming, when that is the very reason why the church urges her children not to celebrate yet, involves some

kind of contradiction. When, in the name of Christ's Birthday, such celebrations are degraded by sinful excesses in the matter of temperance and modesty or chastity they are moreover blasphemous.

Christmas office parties need not be wrong, especially if they are held during the Christmas Season. Then, if they are kept free from sinful excesses the belief that top executives, secretaries, office boys, and charwoman are all equal in as far as they are all redeemed by Christ and have the same destiny; when an exchange of gifts is used as a reminder of how all must help one another in order to attain that destiny, and of how Christ gave Himself, they are positively good and can help spread the true idea of Christmas. But if they serve no other purpose than to show that employers and employees are all equal in as far as they all have similar thirsts and physical drives, and can all give into these tendencies, they are sinful and are a travesty of what Christmas celebration should be.

The true Christian should not attend such sinful parties, even though he judges he will not be guilty of any excess there. Much less should he ask for a dispensation from fast or abstinence in order to take part in them completely. Those who are responsible for the promotion of such parties as they know will be generally marred by these excesses (perhaps even hoping they will have a chance to forget themselves) are guilty of grave sin.

These parties present a challenge to those who call themselves Chris-

tian. It can be answered with a shrug of the shoulders expressive of the attitude that nothing can be done about the matter, and there will still be plenty of time for confession before midnight Mass. Or it

can be answered by a militant stand of determination to carry out Christian ideals even in the office or factory, and to change that atmosphere in a Christian One.

By Miss Lillian Morris.

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## Calmar U.C.Y.

### ANNUAL REPORT

For the past year the U.C.Y. local of Calmar has been very active, and has had great success in its undertakings. Credit should be given to the club's members; 16 to be exact, who have worked very hard in all the activities.

Now here are some of the undertakings: First of all Whist Drives were held during November and again in March, and were well attended. After Christmas the U.C.Y. made a trip to Chipman for a get together. During February a Valentine's dance was held with the proceeds donated to the National Home, and a social was held with the Thorsby U.C.Y. local. On Mother's Day the members went to Holy Communion and then a Breakfast was held in the National Home to honor the Mothers.

As summer rolled around a few Weiner Roasts were held and preparations for a Carnival had the club members really working hard. Results of this Carnival will be discussed in the next issue of Youth. Lastly the Calmar U.C.Y. attended the Grand U.C.Y. Regional Career Rally at Mundare.

At our last meeting a new slate of officers for the new year was installed as follows:

President, Allen Karbonik  
Vice-President, Eugene Sikora  
Secretary, Dianne Podgurny  
Treasurer, Gwen Hayduk  
Press Correspondent, Johnny Sych  
Fifth Member, Valdimar Fedor  
Social Director, Shirley Kobewka.

Meetings are held every third week at the National Home with games such as badminton and ping-pong for entertainment after the meeting.

Again credit should be extended to this small but active club and its members and especially a sincere thanks to our Spiritual Director, Father Lysak, who has inspired us in always moving forward.

Press Correspondent  
Johnny Sych,  
Calmar U.C.Y.



## AN OLD LEGEND

A medieval legend retold in modern language by a popular syndicate writer, illustrates the ancient proverb: "Idleness is the workshop of the devil." According to the legend, Satan called a council of the Seven Deadly Sins—He, representing Pride the sin by which he had fallen from heaven, was greatly concerned over a new kind of creature called man with whom God was populating the earth. As it was the devil's chief aim in life to oppose and undo the works of God, he was now casting about to find the best way to ruin man.

His head imps were therefor summoned, and he inquired of them who would undertake to destroy this race of human beings.

First came Anger, red-faced and fire-eyed, and offered himself. "Let me go," he said, "to earth and I will destroy men quickly. I will set brother against brother, magnify trifles to serious quarrels. Hate and violence will soon bring murder in the house and war in the fields. So shall the race be extinguished."

Then up spoke Impurity. "Rather send me," he urged. "I will defile their minds and bring disease to their bodies. I will destroy homes and loosen the bonds of loyalty that hold men together. True love shall disappear. Woman shall be shorn of her uplifting influence. Men shall lose self-respect. They shall all turn again into beasts."

Then stepped forward Covetousness. "All that Anger and Impurity would do crudely I will do subtly. I will instill into men's hearts the most destructive of passions. Natural affection will disappear. The strong will oppress the weak. And soon

men, families, and countries shall destroy each other in mad desire for each other's goods."

"Would not our work be quicker?" asked Gluttony and Drunkenness.

"We would quickly bring the race of men to ruin. By us they would gorge themselves with food until their bodies were diseased and their minds besotted. They would drink of strong liquors until they fall upon each other in drunken fury. The race will vanish in stupor or in orgies."

"If you are desirous of corrupting mankind," said Envy, "would not my services be of most use? For once let men suspect, and hate one another and universal discord would follow."

"I have heard you all," said the devil. "But where is Sloth? She sleeps somewhere. Go find and waken her."

Forthwith was Sloth, fat and unclean, brought into the royal presence.

"What can you do to destroy man?" inquired the master.

"Nothing," replied Sloth, yawning. "Nothing at all."

"Very well, then," responded Satan, "it is you that shall go. For where Idleness is there all other vices follow. In you is not one evil, in you are all evils."





## Grimsby U.C.Y.

On November 10, 1957 the Ukrainian Youth Club of Grimsby held their annual election with approximately 35 members attending. Betty Babiuk was chosen chairman to preside over the nomination and these members were chosen for 1958.

President, Andy Palmer  
Vice President, Irene Szeslak  
Treasurer, Steve Garbatt  
Secretary, Anne Symak  
Fifth Member, Gloria Laba.

A dance, sports and entertainment committees were chosen also. These committees are now hard at work as we are very fortunate to have a beautiful modern recreational cen-

tre. Here we hold dances every Sunday night. Also in the very near future basketball, badminton, volleyball will provide fun and exercise to our members.

We would like to take this opportunity to thank the past executive for the work they have accomplished and wish the new executive just as much success.

On closing the Grimsby Youth Club wish all the Youth Club Members throughout Canada, a very Merry Christmas and a Happy and Prosperous New Year.

Press Correspondent,  
Rose Stecyk

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## MOTHERHOOD

By Mrs. A. Pryma

(Excerpts from a talk given at the Regional Career Rally in Mundare).

The responsibilities of motherhood are heavy responsibilities. Mothers are merely trustees of God-given children and some day they must account to Him for the souls entrusted to their care.

It is ironical to note that society today demands not only license but a long period of arduous training and preparation to practice medicine. A lawyer must pass state Bar examinations before he is admitted to the practice of law. Even a driver must pass a driver's test before he can handle an automobile. But when it comes to parenthood, generally no special requirement is exacted beyond the chronological age for marriage.

Consequently, prospective mothers

especially Catholic mothers should give serious thought to this problem and prepare themselves accordingly for the heavy and demanding responsibilities of motherhood.

First and foremost a Catholic mother must know her religion in order to discharge her duties in the proper rearing of her children as good Catholics. Secondly, as a Ukrainian mother; she has an additional responsibility to inculcate in the hearts of her children the love of our Ukrainian Catholic Rite, our beautiful language, our culture, and traditions. Then and only then, may a Ukrainian Catholic mother feel that she has fulfilled her responsibility as a mother. Just as the responsibilities of motherhood are heavy, so are the rewards of suc-

cessful child rearing equally tremendous. When such a mother stands before God, the words, "well done, thou good and faithful servant" will have a very special meaning for them.

But mother are not alone, are not left to their own resources in the task of child rearing — they have

a model of motherhood, Blessed Virgin, mother of Jesus to whom the Ukrainian mothers throughout the ages cherished a tender devotion and invoked her help in different situations and problems. Neither will she abandon us now if we approach her with the same love, faith and confidence.

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## NURSING

By Miss A. Kuchaba

(Excerpts from a talk given at the Regional Career Rally in Mundare).

Two of the noblest professions in the world are those of the nurse and the doctor.

Bishop Fulton Sheen, enumerates three conditions for being a good nurse.

Every nurse should have three things:

- (1) An Incision
- (2) Cheerfulness
- (3) A sense of the Invisible

She should have an incision in order that she may properly appreciate pain. It is not essential that every nurse have a physical incision; a mental incision will do just as well, if she has an appreciation of the sufferings of others. Otherwise, there is a want of sympathy. Identification with the pain of others not only prevents the heart from becoming hard, but rather lessens the agony of others by sharing it.

There is a world of difference between pity and compassion. Pity is an aristocratic virtue; it looks down on sufferings of others. Compassion is the democratic virtue; it shares suffering and pain and feels it as its own. The incision thus rescues

the nurse from professional coolness, stamps her with the virtue of sympathy which is never wasted unless it is given to self.

The second characteristic of a good nurse will be cheerfulness. There is nothing that so much contributes to the longevity of sickness as the long face of a nurse. A smile is laughter's whisper and has its root in the soul. A patient feels revulsion when a nurse enters the room with a needle as if she were looking for a target, but feels the infection of joy when entrance is made with a smile. Because the nurses have to do so many unpleasant things, it is very important for them to be cheerful, particularly when they wash up patients at 5:30 in the morning to ask them if they slept well — a greeting which is generally a preface to having the face washed.

The third characteristic of a nurse is the sense of the invisible, which means that every patient should not be seen as something opaque, but rather as something transparent. From a religious point of view, there is no such a thing as a sick patient in Room No. 4. Our Divine Lord said that when He would come to

judge the world on the last day, He would say, "I was sick and you visited Me; I was hungry and you gave Me to eat; I was thirsty and you gave Me to drink." The good nurses who are saved will ask, "When?" When did we see you hungry and give You to eat? When thirsty, did we give You to drink? When sick, did we visit You?" and He will say, "When you did it to the least of these My brethren, you did it unto Me."

Every fevered brow will be seen crowned with thorns; every aching hand will seem to the nurse to bear the imprint of nails; every wounded foot will appear as riven with steel; and every aching heart will be one that knew the unkind kiss of a lance.

N.B. Miss Kuchaba tried to bring out points that would emphasize the dignity and the noble calling of a nurse.

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## STRONG ARE THE HUMBLE

Humility is a source of strength. The humble man knows that he can do very little by himself; however, as he has no confidence in himself but only in God and God is all powerful, no human force can deter him when his duty lies before him.

We hear Our Lord telling us that he did not come to bring peace but a sword. The peace which our divine Master condemns is the stagnant quiet of the bogs, a poisonous decay beneath a tranquil surface. This peace is the silence of regions devastated by a cyclone, the heavy peace of death.

True peace means work, effort, struggle and blood. All this is a sword—the light which cleaves the darkness, the spirit which vanquishes the flesh, the victory over our passions, our covetousness, the vices of the world. Perhaps the humble man does not develop long arguments in defense of his humility but he lives it and this is fundamental.

The example for all ages is Our Lord, so humble that He chose to be born on the humble straw, to die on the cross and be buried in a tomb

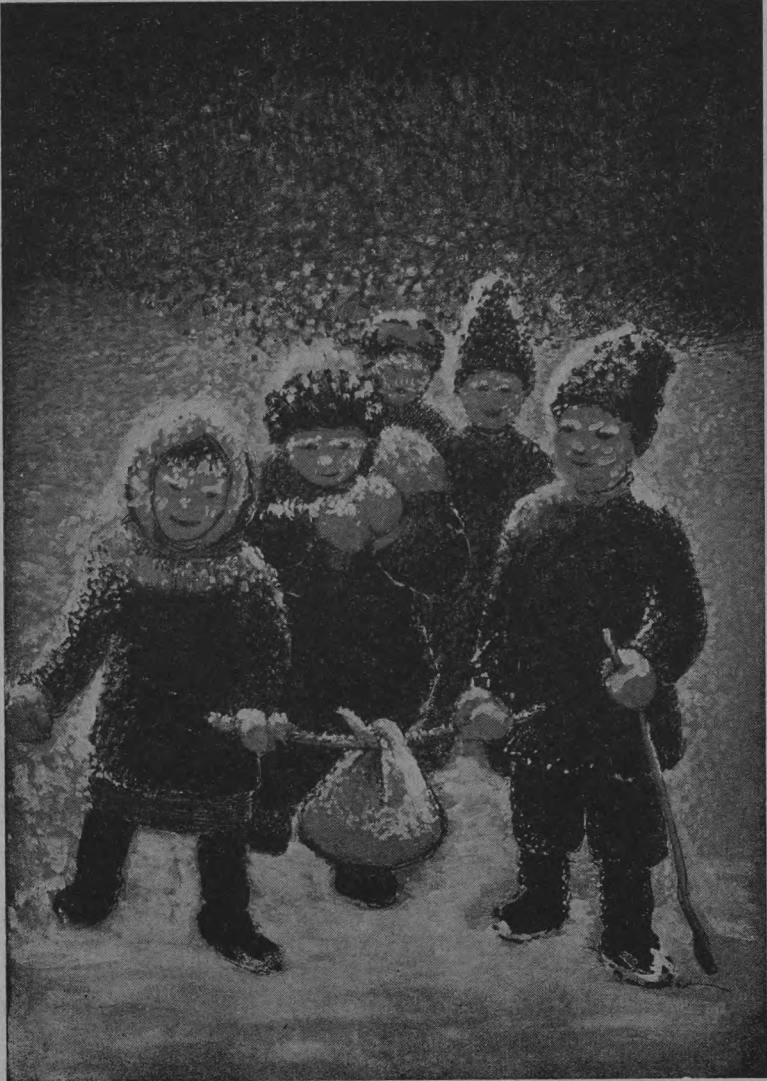
given to Him as an alms. Yet He was so strong that He was able to face danger, threats, betrayal and death itself without hesitation and with perfect serenity.

And Our Lady, so simple and so candid, who only thought of herself as the slave of the Lord, never consented in her soul to movements of weakness. If God so ordered it she was prompt and fearless in her obedience which was without hesitation or reserve. She subjected herself to the humiliations of the Mosaic rite which obliged her to undergo Purification — she who was always immaculate in her Conception and in her whole life. She left bravely and trustingly for Egypt without asking for explanations; she accepted the poverty of Nazareth and the death of her most innocent Son for the redemption of her children.

When men were hard and perverse Our Lady knew how to draw the lessons of life which these evils brought with them. She went into all the corners of Bethlehem trying to find shelter where the Divine



Child could be born, she did not revolt against the duplicity of Herod and she bore the long absences of Jesus heroically even to the inescapable horrors of the Cross. Our Lady of Humility is Our Lady of strength, suffering, accepting, sanctifying all in the dolorous fulfilment of her mission. For this reason she stands at the side of Jesus in the redemption of the world. — **The Voice of Fatima.**



# You Can Be An Opinion-Maker

## WHEN ONE INDIVIDUAL TAKES A STAND

### Good Television Program Rescued

A network recently announced that it was about to discontinue what millions of viewers regarded as a good family TV program. Officials expected little or no audience reaction. They were astonished when they were deluged by a spontaneous flood of letters and postcards from tens of thousands who pleaded with them to continue the program. **They did!**

### The Parents Were Right

A motion picture exhibitor, who was at first reluctant to show better films for children finally acceded because of many requests from parents. His business immediately improved. His only regret was that he had not made this shift sooner.

### One Letter Did It

One lady who wrote an editor about an objectionable feature appearing in his newspaper quickly experienced the power of one person. By return mail she received a friendly letter from him stating that the offensive series was being discontinued and that her one letter had been the deciding factor, the **"straw that broke the camel's back."**

### Alumni Speak Up

An executive took it upon himself to send a special letter to trustees of the university from which he had graduated. He called for a more steadfast adherence to standards of loyalty on the part of invited speakers and visiting professors. His forthright stand stirred hundreds of alumni in other universities to take a similar position.

### Little People Are Getting Big Results

Millions of little people in China are slowly but surely compelling the Communist dictators to restore some of their fundamental rights. Because individual after individual dared to take a stand for justice, they are gradually molding public opinion both in their country and over the world. They are highlighting the need for diligence in protecting human rights against the glib promises of modern oppressors.

Here is what the courageous Chinese people are accomplishing slowly but surely through an aroused public opinion:

a. They forced Red officials to announce publicly some of their errors and failures.

b. Rice farmers demanded and are receiving higher payment for their crops.

c. Students, deeply grieved by extreme restrictions, are openly insisting on reasonable liberties.

d. Intellectuals are outwardly chafing under the complete loss of academic freedom.

e. Workers, bitterly disappointed by poor wages and uncontrolled inflation, are doing their bit by repeated strikes to dramatize the inefficiency of Communism.

f. Seventy million peasants on the verge of famine are threatening revolt unless they receive relief.

\* \* \*

### Prevent The Breakdown — Don't Wait For It To Happen

Many claim that a moral and cul-

tural breakdown is taking place in our country that will end in disaster involving us and generations to come.

While millions are afraid of this, too few are doing anything constructive to prevent it. If and when a collapse should come, some would risk anything to recover their lost blessings. God reminds us in a variety of ways to avoid evil by

doing good. Yes, the **"best way to get well is to keep well."**

If the people in enslaved nations had fought as hard years ago to protect their freedom as they now strive to regain it, they might have been spared their terrible plight.

What will happen here? **You personally, by the grace of God, have part of that answer!**

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## Two Great Sacraments

A healthy Catholic life depends in great measure upon the fruitful reception of the two great sacraments of Confession and Communion. In this article I wish to assist our readers to increase their fervour in the reception of the holy sacraments; it is for this that we pray in this invocation.

### The Sacrament of Penance

When the late great writer—convert, Gilbert Keith Chesterton, was asked why he became a Catholic, he answered quite simply. "I became a Catholic because I wanted my sins forgiven." That is the first function of the Sacrament of Penance to forgive our sins. We must therefore look upon the confessional, not as a torture chamber but as a tribunal of mercy in which we find the tender, warm-hearted Christ waiting to destroy sin in our soul and to fill it with divine grace. that we may be pleasing in His sight. Of course, we must come to Christ in the confessional with deep humility and a heartfelt sorrow. We will obtain these dispositions through earnest prayers and by casting a glance at God's heaven which we

have lost by our sins; then a glance at the awful torments of hell which we have earned by our sins; and finally, by contemplating the bleeding Christ on His cross, Whom our sins have so cruelly pinioned there.

But the Sacrament of Penance is not only a convenient and sure mechanism for ridding our soul of sin. It is also the greatest single force for good in this world, because a penitent, to have sins forgiven, must make up his mind then and there that he is through with those sins. This intention must be, not that he will just put off sinning for a few weeks, but that he is going to change his life and do better in the future. This is not as difficult as some may imagine. If we really love a person, it is rather a pleasure than a hardship to ask him for pardon if we have offended him, and we will take the greatest care not to offend him again. In the same way, if we really love Jesus, we cannot bear to be at enmity with Him. After some fault or sin, we will actually fly to Him in the confessional to ask for His pardon, and we will take infinite pains not to offend Him again.



Naturally such an attitude towards sin will make us lead better lives and therefore to make a better world.

### Holy Communion

Communion is the most beautiful and the most holy of all the sacraments because Communion is the Living Christ Himself. So important is Holy Communion in our lives that without receiving it, we cannot possibly save our soul. This the Saviour Himself has told us in these earnest words: "Amen, amen, I say to you, unless you eat the Flesh of the Son of Man, and drink His Blood, you shall not have life in you."

If Holy Communion is the Living Christ Himself, why then can He not keep us from ever again falling into sin once we have received Him into our heart? The fault is with ourselves. The Saviour, through Holy Communion can and does keep us from sin. That's how Saints are made, by feeding steadfastly and fruitfully on the Body and Blood of Christ in Holy Communion. But just as two different people will get different results through taking the same kind and quantity of food because their bodily health and appetite are not the same, so two different souls will get very different results though both receive the same Christ in Holy Communion, because one is fervent and eager, the other—cold and indifferent.

How then shall we receive Holy Communion so that It will make us Saints? The great and devout founder of the Basilians gives us a very simple but very practical method of receiving Holy Communion well. He tells us simply to ask ourselves three questions before and after Communion and to answer them with all

the intensity of one being. The three questions of St. Basil are: Who? To Whom? and Why?

Who is about to come to me? It is Jesus Christ, my God. We make acts of lively faith and declare ourselves ready to die for this faith.

To whom is Christ coming? To me who have sinned so often against my God! We make acts of sorrow; we resolve to do better; we humble ourselves before our God; for though we are only dust and ashes, we have risen up in sin against our God.

Why is Jesus coming? Because He loves me and thus wants to be with me to help me, to strengthen and console me. We make acts of flaming love to receive Him. We ask His Blessed Mother to accompany us to the altar-rail there to receive Her Son into our hearts.

Breathless with the beauty, the glory, the love of it all, we quickly return to our place, there to bend with Mary over the crib of our heart as we look at Jesus, the God of Love.

When we have recovered from our astonishment at so great a love on the part of God for us, we again gently murmur the three questions of St. Basil: Who? To Whom? and Why?

Who has come to me? It is Jesus Christ, the Great God of heaven and earth who also died for me. He is now really in my heart; His holy angels are all around me to adore their God in my heart. Join the angels in adoration and thanksgiving.

To Whom has this Good God come?

To a most unworthy creature, to me who have so often offended Him and have deserved the punishments

of hell. We make acts of sorrow for having offended Him and renew our resolution not to sin again. We beg of Him the grace to keep our promise.

Why has He come to me? To help me. He is the Great God. is all-powerful and can do all things. He is most anxious to help me if only I will let Him, if only I ask Him for help. He says to me, His child: "What woudst thou have me do for thee?" Do not be afraid to ask Him for all you need. Tell Him how hard you find it to avoid a certain sin or occasion of sin. Ask for the strength to overcome it. Tell Him that you want to have Him very much, that you want to learn how to pray, tell Him all your spiritual wants. Ask Him to give you good health, if it

is His Will, to cure your sick relative to help you in your work. Tell Him all your temporal wants. He will grant them all generously or give you the strength to do without them for your greater spiritual good.

"In My Reception of the Sacraments—Help Me, O Loving Mother."

— By Miss Lillian Morris,

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